Name:	Date:

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## Numbers and Counting



Numbers are all around us. We use numbers to count things every day. When you wake up, you might count how many steps it takes to get to the kitchen. In school, your teacher may ask you to count your pencils or books. Numbers help us know how many apples are in a basket or how many friends are in your class. Counting is a fun way to see the world and understand how much or how many of something there is.

What do we use numbers for in our daily lives?

Why do you think counting is important?



Can you give an example of something you counted today?





